


## MHC COVID-19 Behavioral Services Update (As of 4/6/20)

 This is a list of current services available to residents being provided by Mental Health Connection (MHC) member organizations. We remain committed to providing services to Tarrant County during these challenging times. In order to do our part in helping reduce the spread of COVID-19, all services described here are heeding the shelter in place mandates as issued by Tarrant County Commissioner and are providing services virtually or by phone. We continue to discuss, research, and consider ways to safely connect and support those we serve, as well as the community, while staying healthy and keeping those around safe.

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**[CHECK THIS SPACE OFTEN AS WE KEEP YOU UPDATED ON SERVICE CHANGES DURING THE COVID 19 CRISIS!](#)**

<b>HOTLINE</b> All 24/7	<b>DESCRIPTION</b>	<b>AGENCY</b>
<b>Icare Crisis Line</b> <b>817-335-3022</b> <b>817-569-4488</b> (TTY-TDD)	<i>For mental health &amp; substance use emergency support and referral</i>	<b>MHMR</b>
<b>Rape Crisis &amp; Victim Line</b> <b>817-927-2737</b>	<i>For women or men who are victims/survivors of sexual assault, regardless of when event happened; family members may call</i>	<b>Women's Center</b>
<b>Domestic Violence Crisis Line</b> <b>877-701-7233</b>	<i>Survivors/Victims of intimate of domestic violence</i>	<b>SafeHaven</b>
<b>Substance Use Info &amp; Referral</b> 817-332-6329	<i>Provides assistance to those using substances, their family, or public in accessing needed substance use services</i>	<b>Recovery Resource Council</b>

<b>HELP LINE</b> *Hours vary	<b>DESCRIPTION</b>	<b>AGENCY</b>
<b>Dial 211</b> <b>or 877.541.7905</b> Press #6: Coronavirus Needs *24/7	<i>Referral to services for basic needs (mental health, rent, utilities, transportation,)</i> <b>Bilingual</b>	<b>211/ United Way</b>
<b>Referral Helpline</b> <b>817-333-4673</b> *24/7	<i>Call in line to assist families through crisis situations, provides referral sources to help.</i> <b>Bilingual</b>	<b>ACH</b>
<b>Family Helpline</b> <b>817-806-9920</b> M – F* 9 am – 7 pm	<i>Crisis management, support, Info, &amp; referrals for Parents/caregivers</i> <b>Bilingual</b>	<b>Lena Pope</b>
<b>Parenting Advice Line</b> <b>817-332-6399</b> *M-F Noon – 3:00	<i>Free, confidential telephone line for concerned parents or caregivers with questions about raising children.</i> <b>Bilingual</b>	<b>Parenting Center</b>
<b>Tarrant Cares</b> <a href="http://www.tarrantcares.org/">www.tarrantcares.org/</a>	<i>Online info service for individuals, families, caregivers &amp; agencies; mental health, Substance use, IDD, Veterans,...</i> <b>English/Spanish</b>	<b>Coordinated by MHC &amp; Tarrant County</b>

<b>COUNSELING SERVICES</b>			Additional Services	Cost	Agency & Phone
Beh/Mental Health	Sub Use Specific	Bilingual			
X All Populations	X All Populations	X	<i>Psychiatry, Early Childhood, IDD, Housing</i>	Free, Medicaid, Insurance	<b>MHMR 817-569-4300</b>
X All Populations		X	<i>Victims of sexual assault / other crimes</i>	Free; sliding scale, Medicaid, Insurance	<b>The Women's Center 817-927-4040</b>
X All Populations		X		Free	<b>The Parenting Center 817-332-6348</b>
X All Populations		X		Fees, Insurance	<b>Art Station 817-921-2401</b>
X <i>Urgent Care Only</i> Family, Children, Youth		X	X <i>Psychiatry</i>	Medicaid, Insurance, CCHCS	<b>Cook Children's 682-885-3917</b>
X Family, Children, Youth		X		Free	<b>ACH 817-335-4673</b>
X Family, Children, Youth		X		Free, Medicaid, Insurance	<b>CK Behavioral Health 817-516-9100</b>
X Adults, Children, Youth		X	X <i>Psychiatry</i>	Self-pay, Medicaid, JPS Connect,	<b>JPS Outpatient Clinics 817-702-3100</b>
X Women, Children		X	X <i>Domestic Violence</i>	Free	<b>SafeHaven 877-701-7233</b>
X Youth & their families			X <i>Psychiatry</i>		<b>Girls to Women/Young Men's Health 817-524-1811</b>
X All Populations	X Adults			Self-pay Medicaid, Insurance	<b>Lena Pope 817-255-2500</b>
	X Adults, Children, Youth	X	X <i>Veterans, Homeless</i>	Most free, Self-pay	<b>Recovery Resource Council 817-332-2828</b>
	X Youth, Family	X		Free	<b>Santa Fe Youth Svcs 817-492-4673</b>
X All Populations		X		Self-pay, Insurance	<b>Telos Project 682-841-1475</b>
X All Populations	X All Populations	X		Insurance	<b>PSP Professional Services 817-626-6401</b>

<b>CRISIS, OUTPATIENT, INPATIENT SERVICES</b>						<b>Cost</b>	<b>Agency &amp; Phone</b>
<b>Behavioral /Mental Health</b>			<b>Substance Use Specific</b>				
<b>Crisis</b>	<b>Intensive Outpatient /Partial</b>	<b>Inpatient</b>	<b>Crisis</b>	<b>Intensive Outpatient /Partial</b>	<b>Inpatient</b>		
<b>X</b> Crisis Team Crisis Respite	<b>X</b> All Populations	<b>X</b> All Populations	<b>X</b> Detox for Adults	<b>X</b> All Populations	<b>X</b> All Adults Male Adol. Veterans	Free, Medicaid, Insurance	<b>MHMR</b> <b>817-569-4300</b> <b>Crisis: 817-335-3022</b>
	<b>X</b> All Populations					Insurance	<b>Mind Above Matter</b> <b>817-447-3001</b>
	<b>X</b> All Populations	<b>X</b> All Populations				JPS Connect, Insur, Self pay	<b>JPS</b> <b>817-702-3100</b>
	<b>X</b> Families, Children, Youth	<b>X</b> Families Children, Youth				Medicaid, CCHCS, Insurance	<b>Cook Children's</b> <b>682-885-4000</b>
<b>X</b> All Populations	<b>X</b> All Populations	<b>X</b> All Populations	<b>X</b> All Populations	<b>X</b> All Populations	<b>X</b> All Populations	Insurance	<b>Milwood Hospital</b> <b>817-382-9603</b>
<b>X</b> Children,youth	<b>X</b> Children, youth	<b>X</b> Children, youth	<b>X</b> Detox	<b>X</b> Youth	<b>X</b> Youth	Insurance	<b>Perimeter Beh. Health</b> <b>817-662-6342</b>

<b>SHELTER</b>	<b>DESCRIPTION</b>	<b>AGENCY</b>
<b>Emergency Youth Shelter</b> <b>(817) 335-4673</b>  <a href="http://achservices.org/programs/promoting-safety-stability/">achservices.org/programs/promoting-safety-stability/</a>	Ages 12-17. 24-hour immediate care & safe shelter for runaway, homeless, street youth, and trafficking survivors, while ACH works to reunite them with their families or find safe & stable housing	<b>ACH</b>

<b>SHELTER</b>	<b>DESCRIPTION</b>	<b>AGENCY</b>
<b>Domestic Violence Shelter</b> <b>817-335-4673 or 877-701-7233</b>  <a href="http://safehaventc.org/safehaven-services/">safehaventc.org/safehaven-services/</a>	For families fleeing from domestic violence Emergency shelters where survivors receive 24-hour care including basic needs, childcare and legal aid. <b>Limited Capacity with Coronavirus separation protocols in place</b>	<b>SafeHaven</b>

<b>VIRTUAL MENTAL HEALTH COMMUNITY EDUCATION AND PARENTING TIPS</b>		
<b>Audience</b>	<b>Topic</b> <i>*Services are free unless otherwise noted</i>	<b>Agency/Contact for More Info.</b> <i>*The links listed on side the page takes you directly Topic Info.</i>
<b>Parents</b>	<b>On-Line Parenting Classes (\$20/class)</b> <b>Webinars</b> <b>Facebook Live</b>	<b>The Parenting Center</b> <b>817-332-6399</b> <a href="http://theparentingcenter.org/services/">http://theparentingcenter.org/services/</a>
<b>Parents</b>	<b>Podcasts</b>	<b>CK Behavioral Health</b> <b>817-516-9100</b> <a href="https://www.ckfamilyservices.org/foster-family-matters/">https://www.ckfamilyservices.org/foster-family-matters/</a>
<b>Parents and Children</b>	<b>Real Help For Real People</b> – short videos	<b>ACH</b> <b>817-335-4673</b> <a href="https://achservices.org/covid-19-resources/">https://achservices.org/covid-19-resources/</a>
<b>Adults/Youth</b>	<b>Learning Signs of Suicide / QPR</b>	<b>Jordon E. Harris Foundation</b> <b>682-207-5250</b> <a href="https://jordanharrisfoundation.org/">https://jordanharrisfoundation.org/</a>

<b>2020 Mental Health Connection Members</b>		
<b>ACH Child &amp; Family Services</b>	817-335-4673	<a href="http://achservices.org/programs/real-help-for-real-life/counseling/">achservices.org/programs/real-help-for-real-life/counseling/</a>
<b>Alliance For Children</b>	817-335-7172	<a href="https://achservices.org/covid-19-resources/">https://achservices.org/covid-19-resources/</a>
<b>Art Station</b>	817-921-2401	<a href="https://www.theartstation.org/coronavirus-update">https://www.theartstation.org/coronavirus-update</a>
<b>Challenge of Tarrant County</b>	817-336-6617	<a href="http://challengetc.org/">http://challengetc.org/</a>
<b>Communities in Schools</b>	817-446-5454	<a href="https://cistarrant.org/">https://cistarrant.org/</a>
<b>CK Behavioral Health</b>	817-516-9100	<a href="https://www.ckfamilyservices.org/programs-and-services/behavioral-health/">https://www.ckfamilyservices.org/programs-and-services/behavioral-health/</a>
<b>Cook Children's</b>	682-885-4000	<a href="https://www.cookchildrens.org/behavioral-health/Pages/default.aspx">https://www.cookchildrens.org/behavioral-health/Pages/default.aspx</a>
<b>First 3 Years</b>	972-310-4097	<a href="https://first3yearstx.org/coronavirus">https://first3yearstx.org/coronavirus</a>
<b>FWISD (Family Resource Centers)</b>	817.814.2870	<a href="https://www.fwisd.org/Page/5357">https://www.fwisd.org/Page/5357</a>
<b>Girls to Women/Young Men's Health</b>	817-524-1811	<a href="http://www.gtw-health.com/sc/adolescentsyoung-adult-health/">http://www.gtw-health.com/sc/adolescentsyoung-adult-health/</a>
<b>JPS</b>	817-702-3100	<a href="https://jpshealthnet.org/get-care/services/behavioral-health">https://jpshealthnet.org/get-care/services/behavioral-health</a>
<b>Jordon E. Harris Foundation</b>	682-207-5250	<a href="https://jordanharrisfoundation.org/qpr-training">https://jordanharrisfoundation.org/qpr-training</a>
<b>The Parenting Center</b>	817-332-6348	<a href="http://theparentingcenter.org/services/counseling/">http://theparentingcenter.org/services/counseling/</a>
<b>Mind Above Matter</b>	817-447-3001	<a href="https://mindabovematter.com/">https://mindabovematter.com/</a>
<b>Recovery Resource Council</b>	817-332-6329	<a href="https://recoverycouncil.org/information-and-referral/">https://recoverycouncil.org/information-and-referral/</a>
<b>MaskOff</b>	817-264-7250	<a href="https://www.maskoffpanel.com/">https://www.maskoffpanel.com/</a>
<b>MHMR – Mental Health</b>	817-569-4300	<a href="http://www.mhmrtarrant.org/Services/Mental-Health-Services">http://www.mhmrtarrant.org/Services/Mental-Health-Services</a>
<b>MHMR – Addiction Services</b>	817-569-4300	<a href="http://www.mhmrtarrant.org/Services/Addiction-Services">http://www.mhmrtarrant.org/Services/Addiction-Services</a>
<b>Millwood Hospital</b>	817-382-9603	<a href="https://millwoodhospital.com/">https://millwoodhospital.com/</a>
<b>Perimeter Healthcare</b>	817-662-6342	<a href="https://www.perimeterhealthcare.com/facilities/perimeter-behavioral-hospital-of-arlington/">https://www.perimeterhealthcare.com/facilities/perimeter-behavioral-hospital-of-arlington/</a>
<b>PSP Professional Services</b>	817-626-6401	<a href="https://www.pspcounseling.com/">https://www.pspcounseling.com/</a>
<b>SafeHaven</b>	877-701-7233	<a href="https://www.safehavenc.org/safehaven-services/">https://www.safehavenc.org/safehaven-services/</a>
<b>Santa Fe Youth Services</b>	817-492-4673	<a href="http://www.santafeyouth.org/our-programs-and-services/school-based-substance-use-services/">http://www.santafeyouth.org/our-programs-and-services/school-based-substance-use-services/</a>
<b>Tarrant County Club House</b>		<a href="https://tclubhouse.org/">https://tclubhouse.org/</a>
<b>The Women's Center</b>	817-927-4040	<a href="http://www.santafeyouth.org/our-programs-and-services/school-based-substance-use-services/">http://www.santafeyouth.org/our-programs-and-services/school-based-substance-use-services/</a>
<b>Telos Project</b>	682-841-1475	<a href="https://www.thelosproject.org/">https://www.thelosproject.org/</a>
<b>TCU Department of Social Work</b>	817-257-7469	<a href="https://harriscollege.tcu.edu/social-work/">https://harriscollege.tcu.edu/social-work/</a>
<b>United Way of Tarrant County</b>	817-258-8000	<a href="https://www.unitedwaytarrant.org/">https://www.unitedwaytarrant.org/</a>
<b>Youth Advocate Programs</b>	817-801-1612	<a href="http://www.yapinc.org/texas">http://www.yapinc.org/texas</a>